# QUARTERLY REPORT FIRST QUARTER 2024

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# JUPITER'S NEIGHBORHOOD RESOURCE CENTER

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# **TABLE OF CONTENTS**

Executiv	ve Summary	3
VALUE	OF SERVICES	5
I. PRO	OGRAM GOALS	6
1. L	ABOR	
Α.	Program Description	
В.	Strategic Plan Goals	
C.	Value of Volunteer hours	
2. A	DULT EDUCATION	
Ad	ult Literacy	8
Α.		8
В.	Strategic Plan Goals	
C.	Value of Volunteer hours	
Wo	rker Development	
Α.	Program Description	
В.	Strategic Plan Goals	10
C.	Value of Volunteer hours	1 <sup>.</sup>
3. C	OMMUNITY CARE	1 <sup>.</sup>
Cas	se Management	1 <sup>.</sup>
Α.		1
В.	Strategic Plan Goals	12
C.	Value of Volunteer hours	1;
Col	nmunity Health and Safety	14
A.	· · · · · · · · · · · · · · · · · · ·	14
В. С.	Strategic Plan Goals	14 15
	Value of Volunteer hours	
4. 0	OMMUNITY LIFE	
Α.	Program Description	
В.	Strategic Plan Goals	10
C.	Value of Volunteer hours	17
5. Y		18
Α.	Program Description	18
В.	Strategic Plan Goals	18
C.	Value of Volunteer hours	20
6. F	OOD AND NUTRITION	
Α.	Program Description	20
В.	Strategic Plan Goals	20
C.	Value of Volunteer hours	23
II. SEI	RVICES PROVIDED BY PARTNER AGENCIES AT EL SOL	25

# **EXECUTIVE SUMMARY**

March 31, 2024

# Dear Town of Jupiter Council Members,

As per Section 4 of our Lease: Performance Standards Reporting Data, we are pleased to submit our first quarterly report for 2024 detailing services provided to the Town of Jupiter community. Information for each of the points addressed in the lease for the first quarter can be found as follows:

- An average of 87 laborers attended each day with a total quarterly attendance of 8,761. The daily placement rate averaged 35%. See page 6 for more information.
- 6137 clients are registered in the Labor Program (this number does not include other programs)
- Total employer attendance was 749 for the quarter with 2,207 jobs filled. An average of 25 workers were hired each day. See page 6 for more information.
- Worker Development: 112 unduplicated students participated in 13 different workshops or semester long sewing classes and the Kitchen Training Program for a total quarterly attendance of 275. For more detailed information and workshops offered please see pages 9-11.
- Adult Literacy: 138 students enrolled in our ESL (English as a Second Language), Plazas Comunitarias and GED prep program. See pages 8-9 for more information.
- The Community Care team reported 971 visits with our case managers. Of these visits 186 were to register or renew worker ID's while 785 addressed other needs. 214 health referrals were made to outside providers, mainly the Healthcare District. Other health and safety programs are described on page 11-13.
- 4,196 hot meals and 1,926 to-go lunches were provided to laborers (Pages 20-24)
- Youth and parenting activities are reported on pages 18-20.
- Community meetings, volunteer activity and public events held are reported on pages 15-17.
- Dollar Value of El Sol services provided to the Jupiter Community during the first quarter:

Value of Volunteer time and food donations:	\$113,281*
Cash Expenses:	\$277,826
Total Value of services provided	\$391,107

Additionally, laborers earned \$235,066 of income through our day labor hall.

\*According to the Independent Sector website (independent sector.org), the estimated national value of volunteer time for 2024 is \$33.49 per hour. This is the amount we assign to calculate the value of volunteer hours in our programs. Professional Volunteer hours such as Legal or IT are valued at a higher rate.

- We appreciate the continued funding received this quarter from the Cathleen MacFarlane Foundation, TD Charitable Foundation, Admirals Cove Foundation, BallenIsles Charities Foundation, several private foundations, and many individual donors. Total Cash Revenue received during Q1: \$149,657.97
- Partnerships for service delivery: Legal Aid of Palm Beach County, Cros Ministries, Healthy Mothers/Healthy Babies, Palm Beach County School District, Jupiter Medical Center, Jupiter Police Department, Palm Beach Health Department, Home Safe, University of Miami Sylvester Cancer Center, Neighbors helping Neighbors, MyClinic, Hispanic Bar Association, Early Learning Coalition, Jack the Bikeman. Cros Ministries distributed a total of \$31,389 worth of food to 1,784 community members and Legal Aid provided legal services to 54 clients. For information on the other agencies please see page 25.
- A Strategic Facility Planning Committee was formed and had its first meeting on March 28, 2024, to start work on several different initiatives including:
  - Evaluating and determining the facility and space usage needs of our growing programs.
  - Performing a structural evaluation of the current building to determine longevity and upcoming costs.
  - Initiating preliminary research into the current real estate market for an equivalent space within walking/biking distance of the community served (with sufficient parking and sufficient ingress and egress for employer vehicles). Early research suggests few available options in the target area.
  - Preparing a multi-year Executive Report utilizing best practice non-profit sector value metrics to present an accurate picture of the value of El Sol's services.
  - Examining the implications of El Sol closing its day labor operations should a move to smaller location eventually become necessary.

We appreciate the Town's support of El Sol in providing services to our community. Please let me know if you need any further information.

Respectfully Submitted,

Suzanne Whitbeck Executive Director





"Day laborers engaged in English classes while waiting for work"

# VALUE OF SERVICES

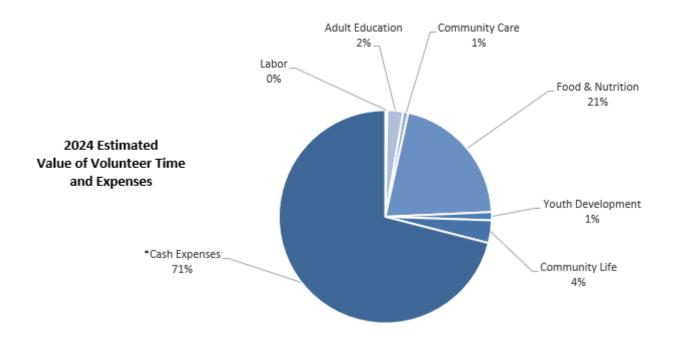
In the First Quarter of 2024, El Sol contributed services to the Town of Jupiter including Volunteer Time, Donations, and Cash Expenses with an estimated in-kind value of \$391,107 with a monthly average of \$130,369.

Area of Focus Value	Quarter I	Quarter II	Quarter III	Quarter IV	Total
Labor	\$1,189	\$0	\$0	\$0	\$1,189
Adult Education	\$9,411	\$0	\$0	\$0	\$9,411
Community Care	\$2,997	\$0	\$0	<b>\$</b> 0	\$2,997
*Food & Nutrition	\$81,417	\$0	\$0	<b>\$</b> 0	\$81,417
Youth Development	\$4,864	\$0	\$0	<b>\$</b> 0	\$4,864
Community Life	\$13,402	\$0	\$0	<b>\$</b> 0	\$13,402
**Cash Expenses	\$277,826	\$0	\$0	\$0	\$277,826
Total	\$391,107	\$0	\$0	\$0	\$391,107

\*Food & Nutrition Value includes volunteer time as well as donated food and supplies

\*\*Cash Expenses are expenditures made by El Sol for supplies, services, and salaries for programs and support services made during the daily course of executing our mission throughout the Town of Jupiter. Cash Expenses do not include In-Kind or Depreciation Expense entries.

\*\*\*Rounding is done throughout the report and any mathematical discrepancies may be attributed to that.



# I. PROGRAM GOALS

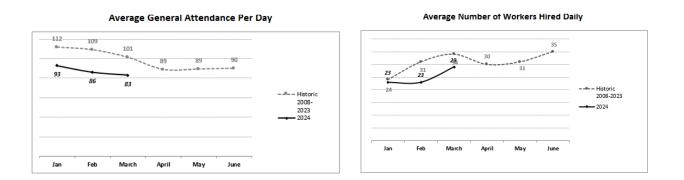
# 1. LABOR

A. Program Description

Provide outstanding labor opportunities that result in meaningful work and income.

El Sol operates a labor hall Mondays – Saturdays from 7:00 am – 1:00 pm and Sundays from 7:00 am – 11:00 am. Employers are matched with day laborers in a safe and organized manner. In the first quarter of 2024, a total of 2,207 jobs were filled. El Sol registered 77 new workers and 98 new Employers. For the quarter, an average of 87 workers registered at El Sol each morning. Of these, an average 71 members registered specifically for work for that day (Job Worker). Of the workers ready for work, an average 25 workers were hired each day.

			2024	Worker Sta	ntistics				Employer	Statistics
Month	General Attendance	Average General Attendance per day	Job Worker Attendance	Average Job Worker Attendance per day	Workers Hired	Average Workers Hired per day	Daily Placement Rate %	New Workers Registered	New Employers	Employer Attendance
January	3,780	93	2,309	77	690	23	30	49	26	241
February	2,506	86	2,017	70	654	23	32	10	29	242
March	2,475	83	1,961	65	863	29	44	18	43	266
April										
May										
June										
July										
August										
September										
October										
November										
December										
Total	8,761	87	6,287	71	2,207	25	35	77	98	749



### B. Strategic Plan Goals

- 1. Labor placement rate
- a) GOAL: Each year same-day labor placement rate will be at least 70%

STRATEGIC PLAN GOAL							
Each yea	Each year same-day labor placement rate will be at least 70%						
Quarter I	Quarter II	Quarter III	Quarter IV	Total			
35%				35%			

It is understood that external conditions beyond the control of El Sol, such as dips in the economy and higher unemployment rates may impede progress in this area.

2. Workers Council

The Worker Council is an elected advisory council representing El Sol workers.

a) GOAL: Provide 1 training a year for the worker's council board

STRATEGIC PLAN GOAL Provide 1 training a year for the worker's council board						
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
1				1		
Leadership training with: Popular Education Consultants						

b) GOAL: Workers Council will coordinate at least 3 community activities in the year

STRATEGIC PLAN GOAL Workers Council will coordinate at least 3 community activities in the						
	year					
Quarter II	Quarter III	Quarter IV	Total			
			2			
	uncil will coor	uncil will coordinate at least year	uncil will coordinate at least 3 community act year			

Q1 – Valentine's Day celebration

Workers Council Board attended the Sara Curruchich concert at Kravis Center

C. Value of Volunteer hours

In the first quarter volunteers provided 36 hours of service assisting in the labor program and employer desk with the values at \$1189.00.

Labor Program Volunteer hours							
Quarter I	Quarter II	Quarter III	Quarter IV	Total			
36	0	0	0	36			

Value Labor Program Volunteer Hours						
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
\$1,189	\$0	\$0	\$0	\$1,189		

# 2. ADULT EDUCATION

Deliver quality adult education programs that build knowledge, skills, and abilities.

The adult education program at El Sol is organized in two areas: adult literacy and worker development.

# **Adult Literacy**

A. Program Description

The adult literacy program offers English as a Second Language (ESL) classes in 4 levels as well as Plazas Comunitarias and GED in Spanish. Through Plazas Comunitarias we offer our adult students the opportunity to complete primary and secondary schooling in Spanish. Programs are offered in two 18-week semesters (Spring and Fall) and a short 4-week summer semester. Average attendance and programmatic goals for spring and fall will be reported in 2<sup>nd</sup> and 4<sup>th</sup> quarters. Summer numbers will show in the 3<sup>rd</sup> quarter report

- B. Strategic Plan Goals
  - 1. ESL Program
  - a) GOAL: 25% of students will graduate to next level each semester. \*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
  - b) GOAL: 30% of students are actively participating in each level per semester Active participation: minimum of 50% attendance throughout semester
     \*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
  - c) GOAL: Enrollment goal of 20 students per level per semester

STRATEGIC PLAN GOAL Enrollment goal of 20 students per level per semester								
Spring Semester				Fall Semester				
Level 1	Level II	Level III	Level IV	Level 1	Level II	Level III	Level IV	
36	24	21	11	0	0	0	0	
	9	2						

- 2. Plazas Comunitarias / GED
  - a) GOAL: At least 7 certificates will be awarded annually.
     \*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
  - b) GOAL: 40% of students are actively participating in each class per semester Active participation: minimum of 50% attendance throughout semester
     \*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
  - c) GOAL: Enrollment goal of at least 10 students annually per class

STRATEGIC PLAN GOAL Enrollment goal of at least 10 students annually per class					
Spring S	Spring Semester		mester		
Plazas	GED	Plazas	GED		
21	25				

C. Value of Volunteer hours

In the first quarter volunteers provided 121 hours of service assisting in the ESL program with the values at \$4052.

ESL Volunteer hours							
Quarter I	Quarter II	Quarter III	Quarter IV	Total			
121	0	0	0	121			

Value ESLVolunteer Hours					
Quarter I	Quarter II	Quarter III	Quarter IV	Total	
\$4,052	\$0	\$0	\$0	\$4,052	

In the first quarter volunteers provided 36 hours of service assisting in the Plazas program with the values at \$1206.

Plazas Volunteer hours				
Quarter I Quarter II Quarter III Quarter IV Total				
36	0	0	0	36

Value Plazas Volunteer Hours				
Quarter I Quarter II Quarter III Quarter IV Total				
\$1,206	\$0	\$0	\$0	\$1,206

In the first quarter volunteers provided 110 hours of service assisting in the ESL program with the values at \$3684.

GED Volunteer hours				
Quarter I Quarter II Quarter III Quarter IV Tota				
110	0	0	0	110

	Value GED Volunteer Hours					
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
\$3,684	\$0	\$0	\$0	\$3,684		

# **Worker Development**

### A. Program Description

Worker Development is organized into skill development workshops as well as semester long classes like sewing, Kitchen Training Program (KTP) and NCCER (National Center for Construction Education and Research) at Palm Beach State College. Workshops will be reported in the quarter they were offered. Semester-long courses will be reported in quarters 2 and 4.

# B. Strategic Plan Goals

- **1.** Unduplicated Student Participation
- a) GOAL: 220 unduplicated students in all Worker Development Programs in 2024.

STRATEGIC PLAN GOAL				
Increase the number of unique students in all Worker Development				
Programs each year. By 12/31/24 – 220 unique participants				
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total Unique			
114	0	0	0	114

- 2. Total Student Attendance
- a) GOAL: 410 total student attendances in all Worker Development Programs in 2024.

STRATEGIC PLAN GOAL				
Increase the number of student attendance in all Worker Development				
Programs each year. By 12/31/24 – 410 participants				
Quarter I	Quarter II	Quarter III	Quarter IV	Total
291	0	0	0	291

2024 WDP All Programs Attendance					
Workshops/Classes	Q1	Q2	Q3	Q4	Total
Bicycle Repair	20				20
Cleaning	40				40
Career Counseling 1v1	10				10
Computers	15				15
Upholster	16				16
Sewing	97				97
KTP (ServSafe Food Handler Certific	33				33
Basic Electrical Principals	32				32
Professionalism	22				22
Other	6				6
TOTAL	291	0	0	0	291

**3.** Eighty percent (80%) of workshop participants will show an increase in their pre/post testing score.

STRATEGIC PLAN GOAL 80% of workshop participants will show an increase their pre/post testing				
score				
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total			
86%				86%

- **4.** Graduation/Completion (semester long classes)
- a) GOAL: 8 students will earn their ServSafe Food Handler Certificate each year
   \*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
- b) GOAL: 5 sewing students will advance to the next level each year (basic to advance to alterations)

\*This will be reported in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.

- c) GOAL: At least 10 students will graduate from NCCER Core or Level one courses each year **\*This will be reported in the 4<sup>th</sup> quarter.**
- 5. Workshops
- a) GOAL: Provide at least 72 Workshop/Classes each year to include both technical skills and/or assorted topics such as financial literacy, budgeting, resume writing.

STRATEGIC PLAN GOAL Provide at least 72 workshops/Classes each year to include both technical skills and/or assorted topics such as financial literacy, budgeting, resume writing.					
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total				
13				13	

C. Value of Volunteer hours

In the first quarter volunteers provided 14 hours of service assisting in the Worker Development Program with the values at \$469.

Worker Development Volunteer hours					
Quarter I         Quarter II         Quarter III         Quarter IV         Total				Total	
14	0	0	0	14	

Value Worker Development Volunteer Hours				
Quarter I Quarter II Quarter III Quarter IV Total				Total
\$469	\$0	\$0	\$0	469

# 3. <u>COMMUNITY CARE</u>

Supply health, safety, and community information and referrals to enhance access to needed services

Services within the Community Care area of focus are coordinated through two different programs: Case Management and Health & Safety.

# **Case Management**

A. Program Description

Case Management services are offered Monday – Saturday to all clients at El Sol. Clients who enroll in the labor program are evaluated via our self-sufficiency matrix. With this tool, case managers and clients identify needs and develop goals with the ultimate goal of self-sufficiency. The self-sufficiency score is calculated by interviewing workers on nine different categories, including food assistance, education, and employment. The baseline score is determined based on their answers, ranging from zero to 45.

Our goal is to help workers learn about community resources, enhance their work potential, improve their education, and increase their knowledge of medical and legal resources. Follow-up by the Case Manager will assess the worker's progress in integrating and improving their self-sufficiency within the community. The chart below displays the monthly total worker visits processed through Case Management.

Registration into the labor program requires a mandatory El Sol 101 class. Renewal requires mandatory OSHA, Center Volunteer Hours and participation in Community Service Events.

	CASE MANAGEMENT 2024							
Month	Total ID's Issued	New Worker ID's*	Follow-Up ID's	% Increase of 3 points or more on Follow Ups	Other Case Management Visits (Crisis Funds, Incidents, Wraparound CM)	Total Visits		
January	78	49	29	93%	263	341		
February	68	36	32	84%	223	291		
March	40	18	22	91%	299	339		
April			-			0		
May			-			0		
June			-			0		
July			-			0		
August			-			0		
September			-			0		
October			-			0		
November			-			0		
December			-			0		
Total	186	103	83	89%	785	971		

- B. Strategic Plan Goals
  - 1. Self-Sufficiency Matrix Score
  - a) GOAL: Each year 60% of El Sol Clients who follow up will achieve at least a 3-point increase in their Self-Sufficiency Matrix Score.

STRATEGIC PLAN GOAL					
Each year 60% of El Sol Clients who follow up will achieve at					
	least a				
3-point	3-point increase in their Self-Sufficiency Matrix Score.				
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total				
89%				89%	

- 2. Follow up and Tracking of Clients
- b) GOAL: Increase 6-month case management follow-ups by 10% from previous year level over the course of each year.

Follow ups						
2023 2024 Difference Increase %						
Jan	21	29	8	38%		
Feb	29	32	3	10%		
Mar	24	22	-2	-8%		

STRATEGIC PLAN GOAL Increase case management follow-ups by 10% from previous year level over the course of each year.					
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total				

**3.** Provide Wraparound Case Management Services to at least twenty clients per year Wraparound Case Management is defined as: to closely accompany individuals as they work towards meeting their goals whether they are related to labor, health, legal, education, family or other areas of their life. Follow-up appointments will be more frequent as determined by each case. Collaborate with other partners in the process

Provide Wra	STRATEGIC PLAN GOAL Provide Wraparound Case Management Services to at least 20 clients per year					
Quarter I Quarter II Quarter III Quarter IV Total						
12	0 0 0 12					

C. Value of Volunteer hours

In the first quarter volunteers provided 50 hours of service assisting in the Case Management program with the values at \$1658.00.

Case Management Volunteer hours					
Quarter I         Quarter II         Quarter III         Quarter IV         Total					
50	0	0	0	50	

Value Case Management Volunteer Hours					
Quarter I Quarter II Quarter III Quarter IV Total				Total	
\$1,658	\$0	\$0	\$0	\$1,658	

# **Community Health and Safety**

A. Program Description

Through our health and safety programs, clients are provided with educational workshops in health and nutrition topics, OSHA construction 10 certification, health screening and referrals, etc. Our Promotores program offers peer-to-peer community education on different topics throughout the year.

- B. Strategic Plan Goals
  - 1. Promotores de Salud (Health Promoters)
  - a) GOAL: Identify and train 5 new health promotores per year

STRATEGIC PLAN GOAL Identify and train 5 new health promotores per year						
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
1						

b) GOAL: At least 20 individuals will be contacted per promotor each campaign

STRATEGIC PLAN GOAL At least 20 individuals will be contacted per promotor each campaign						
	Individuals contacted					
	Quarter I	Quarter II	Quarter III	Quarter IV	Total	
Campaign Name	Healthy Relations/SA Promotoras					
Promotor 1	30				30	

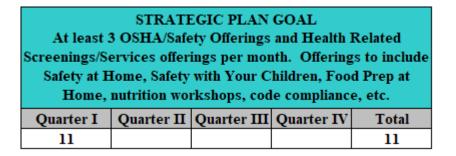
c) GOAL: One promotor campaign will be held per quarter

STRATEGIC PLAN GOAL One promotor campaign will be held per quarter					
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total				
1				1	

- 2. Referral Appointment Follow-up
- a) GOAL: Annually at least 70% of clients will successfully follow up with their health referral appointment.

STRATEGIC PLAN GOAL					
Annually at least 70% of clients will successfully follow up					
w	with their health referral appointment.				
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total				
60				60	

- 3. OSHA/Safety Offerings and Health Related Screenings
- a) GOAL: At least 3 OSHA/Safety Offerings and Health Related Screenings/Services offerings per month. Offerings to include Safety at Home, Safety with Your Children, Food Prep at Home, nutrition workshops, code compliance, etc.



C. Value of Volunteer hours

In the first quarter volunteers provided 40 hours of service assisting in the Health and Safety program with the values at \$1340.00.

Health and Safety Volunteer hours					
Quarter I Quarter II Quarter III Quarter IV Total				Total	
40	0	0	0	40	

Value Health and SafetyVolunteer Hours							
Quarter I	Quarter II	Quarter III	Quarter IV	7 Total			
\$1,340	\$0	\$0	\$0	\$1,340			

# 4. <u>COMMUNITY LIFE</u>

Create and promote opportunities that build bridges between clients/families and the community

A. Program Description

Immigrant integration is a two-way street and El Sol provides opportunities for people from all backgrounds and walks of life to interact, learn about each other and create connections. This is done primarily through volunteering, collaborating with partners in community events, doing community service projects in our area and more. *Community volunteers* are local residents of Jupiter and area who volunteer their time to El Sol's different programs. *Service volunteers* are those fulfilling their community service requirements ordered by the court. *Center volunteer hours* are those provided directly to El Sol by our clients, for example cleaning the kitchen.

*Community service hours* are those provided by our clients to the Jupiter Community, for example, a beach cleanup. *Interns* are university-level students who provide service hours to El Sol as part of a for-credit internship program.

- B. Strategic Plan Goals
  - **1.** Community Events
  - a) GOAL: Sustain and improve at least 4 community-building events a year, such as Martin Luther King Jr. Day, annual soccer tournament, El Sol Fest, Cooking Classes.

STRATEGIC PLAN GOAL								
Sustain and improve at least 4 community-building events a year, such as Martin Luther King Jr.								
D	Day, annual soccer tournament, El Sol Fest, Cooking Classes.							
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total							
0				0				

- 2. Monthly Community Service Events for El Sol clients
- a) GOAL: Offer 12 community service events a year for El Sol clients to give back to the community

STRATEGIC PLAN GOAL Offer 12 community service events a year for El Sol clients to give back to the community							
Quarter I	Quarter II	Quarter III	Quarter IV	Total			
2				2			

Q1 - Native Plant Restoration at Jupiter Lighthouse Mulching at First Church.

b) GOAL: At least 600 total hours of community service per year.

STRATEGIC PLAN GOAL At least 600 total hours of community service per year.						
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
72				72		

Value Community Services									
	Quarter I	Quarter II Quart		Quarter III	er III Quarter IV			Total	
\$	2,444.77	\$	-	\$	-	\$	-	\$	2,444.77

- **3.** Annual Staff/Client/volunteer Events
- a) GOAL: Create at least 4 yearly staff/client/volunteer events to increase interaction between these different groups.

STRATEGIC PLAN GOAL Create at least 4 yearly staff/client/volunteer events to increase interaction between these different						
		groups.				
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
1				1		

\*Q1 - Easter breakfast

- 4. Operate a strong volunteer program
- a) GOAL: Increase total number of volunteer hours to at least 6,000 a year

STRATEGIC PLAN GOAL Increase total number of volunteer hours to at least 6,000 a year							
Quarter I	Quarter II	Quarter III	Quarter IV	Total			
1,978							

## \*Q1 - 119 unduplicated volunteers provided 1,978 volunteer hours

- 5. At least 80% of volunteers report being satisfied, in an annual survey, with programs offered.
- a) GOAL: Survey Goal: 80% satisfaction.
  \*Survey results will be reported once a year in Q4.
- **6.** Volunteer retention.
- a) GOAL: 70% retention of community volunteers year to year.
   \*Annual retention will be recorded once a year in Q4.
- C. Value of Volunteer hours

In the First Quarter of 2024, El Sol volunteers gave 1978 hours of their time, which is valued at \$66,311.90. This calculation includes 1120.50 regular programmatic volunteer hours recorded throughout this report, 396.45 "Other" hours which include administrative support not detailed in this report and community service, 433.20 Intern hours, 15 hours of Professional Teacher, 10.33 hours of Dietitian, and 3.00 Professional IT Volunteer hours.

Volunteers log their hours in a log book at El Sol or call in their hours if they were working from home. El Sol enters their time and tracks their hours through Salesforce.

	Volunteer Hours								
	Quarter I	Quarter II	Quarter III	Quarter IV	Total				
Professional Legal									
Hours	0.00	0.00	0.00	0.00	0.00				
PRO Dietitian	10.33	0.00	0.00	0.00	10.33				
Pro Teacher	15.00	0.00	0.00	0.00	15.00				
Pro IT Hours	3.00	0.00	0.00	0.00	3.00				
Intern Hours	433.20	0.00	0.00	0.00	433.20				
Other Hours	396.45	0.00	0.00	0.00	396.45				
Program Hours	1,120.50	0.00	0.00	0.00	1,120.50				
Volunteer Hours given to El Sol	1,978.48	0.00	0.00	0.00	1,978.48				

	Value of the Community Life Program									
		Quarter I		Quarter II		Quarter III		Quarter IV		Total
Professional Legal Hours	\$	-	\$	-	\$	-	\$	-	\$	-
PRO Dietitian	s	354.01	\$	-	s	-	s	-	\$	354.01
Pro Teacher	\$	522.15	\$	-	s	-	s	-	\$	522.15
Pro IT Hours	S	125.22	S	-	S	-	S	-	S	125.22
Intern Hours	\$	14,507.87	\$	-	\$	-	\$	-	\$	14,507.87
Other Hours	S	13,277.11	S	-	\$	-	S	-	S	13,277.11
Program Hours	\$	37,525.55	\$	-	S	-	S	-	S	37,525.55
Volunteer Hours given to El Sol	\$	66,311.90	\$	-	\$	-	\$	-	\$	66,311.90

# 5. <u>YOUTH DEVELOPMENT</u>

Plan and implement youth development services to support the healthy development of children and youth; strengthen parenting skills; and keep children in school.

# A. Program Description

In collaboration with parent requests and local schools, El Sol has developed a series of activities to help strengthen children's academic skills, parenting skills, emotional development etc. School for Parents is being offered at two local elementary schools, individualized or small group tutoring focused on reading and arithmetic skills is provided 4 times a week at El Sol for elementary children. Middle School and high school students are also being supported, especially those learning English.

Following is a description of the activities currently offered to our clients with children.

	Youth Development					
Children's Summer Camp	June-July Mon-Fri 9AM - 12PM	6-week children's summer camp for low-income families of the community				
Children's Summer Book Club	July-August Thu 10AM - 12PM	6-week book club held after summer camp to engage children in reading over the summer through discussion				
JMS Strong and Powerful Girls Book Club	Tuesdays 4PM	Activities to improve reading, comprehension, and writing skills as well as serve as a support group for young girls. Held at Jupiter Middle School.				
Arts and Crafts Classes	Mondays 7PM – 9PM Currently On Hold	Art classes for children of parents attending ESL classes				
Read-A-Recipe Literacy	Tuesdays 7PM – 9PM Currently On Hold	English literacy classes for children taught through curriculum of recipes in the kitchen. Meant for children of parents attending ESL class				
Los Caballeros de El Sol	Thu 4:30PM – 6:30PM Currently On Hold	Classes				
Tutoring	Mon, Tue, Wed, Thur. 3PM – 5PM	After school lessons				
High School ESL Conversation Group	Tues and Thursday	Rehearsal English Conversation with High School ESL Students				
School for Parents	Tues and Thursday	12-week cores Identify parents learning needs, though lessons, workshops, and Evaluate parents' progress though pre & post test.				

# B. Strategic Plan Goals

**1.** Academic Learning Experiences

a) GOAL: Provide academic learning experiences to at least 90 children

STRATEGIC PLAN GOAL Provide academic learning experiences to at least 90 children									
Quarter I	Quarter II	Quarter III	Quarter IV	Total					
48									

\*Q1 - JMS Book Club and Spring Tutoring

- 2. Direct Family Services: School for Parents and Workshops
- a) GOAL: A total of 10 parents will register in each SFP 1 and SFP 2

STRATEGIC PLAN GOAL A total of 10 parents will register in each SFP 1 and SFP 2					
Spring S	emester	Fall Semester			
SFP 1	SFP 2	SFP 1	SFP 2		
0	27				

b) GOAL: 6 Parents will receive a certificate of completion in either SFP 1 or SFP 2

STRATEGIC PLAN GOAL					
6 Parents will receive a certificate of completion in either					
5	SFP 1 or SFP 2				
Spring Semester Fall Semester Total					
13	13 13				

c) GOAL: Provide at least 6 parenting workshops a year either at El Sol or a local school with a goal of at least 80% of parents reporting they learned something new on a pre/posttest.

STRATEGIC PLAN GOAL						
Provide at le	Provide at least 6 parenting workshops a year either at El Sol or a					
local school	local school with a goal of at least 80% of parents reporting they					
	learned some	thing new on a	pre/post test.			
Quarter I	Quarter II	Quarter III	Quarter IV	Total		
78%	78% 78%					
Number of Workshops						
	1141	liber of works	nops			

- **3.** Family Referral Services
- a) GOAL: Provide and facilitate access to outside organizations for at least 30 unduplicated children a year (VPK, JTAA, Library etc.)

	STRATEGIC PLAN GOAL Provide and facilitate access to outside organizations for at least 30 unique children a year (VPK, JTAA, Library etc.)						
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total						
11 11							

- 4. Community Resources
- a) GOAL: Provide access to at least 5 unduplicated community resources each year (Back to School Bash, Santa in the Park, PTO Meetings, etc.

STRATEGIC PLAN GOAL							
Provide access to at least 5 unduplicated community resources each year (Back to School Bash, Santa in the Park, PTO Meetings,							
	etc.)						
Quarter I Quarter II Quarter III Quarter IV Total							
1	1 1						

\*In the 1stQ we had a ELC parenting active here at El Sol

C. Value of Volunteer hours

In the first quarter volunteers provided 145 hours of service assisting in the Youth Development Program with the values at \$4866.00.

Youth Development Volunteer hours						
Quarter I Quarter II Quarter III Quarter IV Total						
145 0 0 0 145						

Value Youth Development Volunteer Hours						
Quarter I Quarter II Quarter III Quarter IV Total						
\$4,866	\$0	\$0	\$0	\$4,866		

# 6. FOOD AND NUTRITION

Increase the supply of food and nutrition to address hunger and encourage healthier eating.

# A. Program Description

Coffee and pastries, and nutritious hot meals and a lunch to-go are offered Monday – Friday to workers who sign up in the labor program. Nutrition and healthy cooking classes are offered through many of our different programs and are reported here. The Sunshine Organic Community Garden consists of 30 individual plots, a variety of fruit trees, herbal garden and composting bins. Ten percent of produce grown is given to the El Sol kitchen to be included in the meals provided and monthly gardening workshops are provided.

El Sol partners with Cros Ministries to offer a food pantry twice a week to the community. El Sol has a representative from the Palm Beach County Food Bank who visits El Sol every Thursday between 9am and 4pm to provide assistance with SNAP applications and Medicaid inquiries.

# B. Strategic Plan Goals

- 1. Meals Served
- a) GOAL: Each year at least 10,000 hot meals will be served

STRATEGIC PLAN GOAL Each year at least 10,000 hot meals will be served							
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total						
4,196	4,196 0 0 0 4,196						

- 2. To Go Bag Lunches
  - a) GOAL: Each year at least 7200 to-go lunches will be served

STRATEGIC PLAN GOAL Each year at least 7200 to-go lunches will be served							
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total						
1,926	1,926 0 0 0 1,926						

	El Sol Hot Meal and Bagged Lunches							
Month	Hot Meals	Bagged Lunches	Total Meals Served	Days	Average meals served per day			
January	1,526	656	2,182	26	84			
February	1358	490	1,848	25	74			
March	1,312	780	2,092	26	80			
April			0					
May			0					
June			0					
Jul			0					
Aug			0					
Sep			0					
Oct			0					
Nov			0					
Dec			0					
Total	4,196	1,926	6,122	77	80			

- 3. Nutrition Workshops
- a) Goal: Twelve Nutrition workshops to be held each year (6 workshops are coordinated through Community Care Health)
- \*No Nutrition workshops have been done as of yet in Q1
- 4. Community Garden
  - a) GOAL: Each year the community garden will yield at least 1500 lbs. of produce to community members. 10% of this produce will go to the El Sol kitchen to be used in the meals served each morning.

Month	Garden Harvest in Pounds
January	276
February	230
March	262
April	
May	
June	
July	
August	
September	
October	
November	
December	
Total lbs	768

STRATEGIC PLAN GOAL Each year the community garden will yield at least 1500 lbs. of produce						
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total					
768 0 0 0 768						

STRATEGIC PLAN GOAL 10% of produce will go to the El Sol kitchen every year.(lbs.)							
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total						
77	77 0 0 0 77						

b) GOAL: Each year 160 individuals will benefit directly from produce cultivated in their family garden plot.

STRATEGIC PLAN GOAL Each year 160 individuals will benefit directly from produce cultivated in their				
family garden plot.				
First Half of Season Second Half of Season Total				
141	0	141		

During Q1 2024 49 attendees participated in the following 3 garden workshops:

Date	Workshop Name	Attendance
January	Cool Weather Crops	12
February	All you want to know about Fertilizer	22
March	How to harvest leafy Greens	15

- C. Value of Volunteer hours
  - 1. El Sol Kitchen

In the first quarter volunteers provided 277 hours of service assisting in the Kitchen Program with the values at \$9277.00.

Kitchen Volunteer hours					
Quarter I Quarter II Quarter III Quarter IV Total					
277	0	0	0	277	

Value Kitchen Volunteer Hours						
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total					
\$9,277	\$0	\$0	\$0	\$9,277		

2. Sunshine Organic Community Garden

In the first quarter volunteers provided 266 hours of service assisting in the Garden Program with the values at \$8900.00.

Garden Volunteer hours					
Quarter I Quarter II Quarter III Quarter IV Total					
266	0	0	0	266	

Value Garden Volunteer Hours					
Quarter I Quarter II Quarter III Quarter IV Total					
\$8,900	\$0	\$0	\$0	\$8,900	

- D. Food and Nutrition Services Provided by Partners
  - a) Palm Beach County Food Bank Benefits Outreach Program

Palm Beach County Food Bank – Benefits Outreach Program

PBC Representative Hours						
Month	Days of service	Total days Quarter				
Jan	4					
Feb	6	16.00	16.00 1			
Mar	6					
Apr						
May		0.00	1	7		
Jun						
Jul						
Aug		0.00	1	7		
Sep						
Oct						
Nov		0.00	1	7		
Dec						

Month	Applicactions Completed
Jan	31
Feb	55
Mar	38
Apr	
May	
Jun	
Jul	
Aug	
Sep	
Oct	
Nov	
Dec	
Total	124

PBC Food Bank - Applications completed							
Quarter I	Quarter I Quarter II Quarter III Quarter IV Total						
124	0	0	0	124			

Value of PBC Food Bank								
Quarter I         Quarter II         Quarter III         Quarter IV         Total								
PBC Food Bank	\$3,751	\$0	\$0	\$0	\$3,751			
Total								

PBC Benefits Specialist provided 112 hours of service to El Sol clients for a total value of \$3751.00. 124 benefit applications were completed.

b) Cros Ministries

Ju	Jupiter Food Pantry					
Month	People Served	Value				
January	611	\$12,160				
February	582	\$10,032				
March	591	\$9,197				
April						
May						
June						
Jul						
Aug						
Sep						
Oct						
Nov						
Dec						
Total	1,784	\$31,389				

Cros Ministries provided groceries to 1,784 people over the first quarter.

# Total Value of Volunteers, food donations and service

Value Food and Nutrition							
	Quarter I	Quarter II	Quarter III	Quarter IV	Total		
Hot Meals (@ \$4.59/meal)	\$28,100	\$0	\$0	\$0	\$28,100		
Food Pantry, food	\$31,389	\$0	\$0	\$0	\$31,389		
Kitchen Volunteers	\$9,277	\$0	\$0	\$0	\$9,277		
Garden Volunteers	\$8,900	\$0	\$0	\$0	\$8,900		
PBC Food Bank - SNAP Program	\$3,751	\$0	\$0	\$0	\$3,751		
Total	\$81,417	\$0	\$0	\$0	\$81,417		

# II. SERVICES PROVIDED BY PARTNER AGENCIES AT EL SOL

- Legal Aid of Palm Beach County El Sol has contracted with Legal Aid to provide legal services to the community. A lawyer and a paralegal visit El Sol once a week to provide counsel and provide legal services as appropriate. Q1 – 54 clients, 59 cases
- Healthy Mothers/ Healthy Babies Monthly. HMHB provides a mobile pantry once a month providing diapers and other supplies to local mothers averaging between 10 and 15 people a month.
- 3. Cros Ministries

In Q1 the C.R.O.S Ministries Pantry at El Sol served 1,784 individuals, averaging 595 individuals per month. A total of \$31,389 worth of food was distributed to 1,784 community members by Cros Ministries.

- Palm Beach County School District (PBCSD) Q1 El Sol has partnered with the Adult Education program for our ESL and GED prep programs. Students have access to software and a district teacher participates with our students twice a week.
- 5. Jupiter Medical Center (JMC) Diabetes Education / Nurse Siobhan Gross provides 6 educational workshops a year.
- 6. Jupiter Police Department (JPD) Officer Diaz comes in once a month for presentations on issues pertinent to the community.
- 7. Palm Beach Health Department (PBHD) Immunizations are provided to workers while they wait in the labor hall. 2-3 times a year
- 8. Home Safe

Q1 car seat event. In collaboration with the Palm Beach County Fire Department, Home Safe inspected car seats for expiration dates and proper placement. New car seats were provided when needed. Close to 60 families participated.

- University of Miami Sylvester Q1 Mobile unit came to El Sol to perform Cervical Cancer screenings. 12 clients were screened.
- 10. Neighbors Helping Neighbors with Palm Beach Harvest and Oxbridge Academy came together in Q1, and prepared 384 trays of food in the Kitchen of El Sol for families throughout the community.
- 11. Q1 10 clients with chronic disease were referred to MyClinic for participation in a FreshRX sixteen-week program.
- Hispanic Bar Association Q1 Provided service to around 20 community members on Power of Attorney (POA's).
- 13. Early Learning Coalition (ELC) Q1 Provided 2 parenting workshops
- 14. Jack the Bikeman Q1 provided refurbished bikes to 61 community members