El Sol began serving the community on September 6, 2006. In nine years, El Sol has taken great strides to improve the quality of life of all residents of the Town of Jupiter. El Sol now offers 22 programs in areas of labor, health, education, and integration. El Sol, for those that do not know, was created as a result of a grassroots coalition that came together to resolve Jupiter’s open-air labor market on Center Street. Many residents remember driving down Center Street and seeing day laborers, exposed to the rain and harsh Florida heat, waiting for their chance to pick up a job for the day. El Sol boasts a safe and regulated labor hall in which workers can safely wait for work and learn English, Spanish literacy or attend workshops in occupational safety and vocational training. Work placement numbers have skyrocketed each and every month with September set to be another record breaker.

We have come so incredibly far. There was a time when the kitchen program consisted of ramen noodles and our computer lab looked like it came out of the 1990s. However, our dedicated volunteers made it work, and our workers appreciated the helping hand. Since then, our kitchen program served over 18,000 meals in 2014 with a side of fresh, organic produce from the Sunshine Organic Community Garden. While our workers are not busy learning in class, they take advantage of the state-of-the-art computer lab, which now offers classes in the morning. This is only a small sample of change we have witnessed. Each and every program continues to flourish and expand, especially noted in Plazas Comunitarias as a later article will detail. El Sol’s volunteers, growing staff, board, and AmeriCorps VISTAs can only marvel on what is in store in the coming years.
The School District of Palm Beach County recently approved the introduction of Plazas Comunitarias to Jupiter High School—a program that teaches adult basic literacy in Spanish. This program is also provided to clients at El Sol and many others throughout the United States. The expanded program aims to support Hispanic students at Jupiter High School, especially those of Guatemalan origin, who lack literacy skills in Spanish.

“Our goal is ambitious and the work is hard, but the desire of the School District, JHS Principal and the kind volunteers of El Sol are profound and real,” added Valdivia.

“The objective of the program is to provide elementary and high school education to any person of 15 years of age or older that is of a Hispanic origin,” said Dora Valdivia, Associate Director at El Sol. “Thus, the student could get his/her official certificate from the Mexican Department of Education while simultaneously completing high school studies at Jupiter High School or other host sites.”

Jupiter High School Principal Mr. Dan Frank, Associate Director Dora Valdivia, Volunteer Plaza Comunitarias Teacher Terry Verduin, and an assembly of 60 JHS school students marked the launching of the Plaza Comunitarias Program. To date, there are 57 students registered for the program. Hopes are high for all students in the program to successfully graduate and to lower high dropout rates among the Hispanic population.

“It made me angry,” she says. And that was the impetus that drove Sheila to see what she could do to help.

“Back then” says Sheila, “there were far fewer volunteers and far more workers than there are today, so the need was great.” Sheila began as a kitchen volunteer, where she helped prepare meals for 200 or more workers. Her talent and passion was quickly recognized and before long, she was asked to serve on the Board of Directors of El Sol. She was later elected treasurer and has served in this position for the last five years.

As a financial planning and accounting professional, Sheila brings a wealth of expertise in service to El Sol. She serves on the finance and fundraising committees, oversees the monthly financials, assists with budget planning and contributes in developing financial policies and procedures.

Sheila has lived in Jupiter for 25 years, raising her daughter, Emily, who recently began graduate school at the American University in Washington, D.C. She continues to serve as a valued board member, because, as she puts it “Once you are in the door, you develop relationships with kind, hard-working, really nice people. There is always an inspirational story going on. We are a family.” We thank Sheila for being a valued member of the El Sol family and are grateful to her for helping to lift that dark cloud over El Sol to make our community just a little brighter.

**Featured Board Member Sheila Hirsch**

It was a beautiful, Saturday morning in 2008 when Sheila Hirsch was out and about, running errands, and doing a little shopping; a day like any other day. While driving past the corner of Indiantown Road and Military Trail, however, she couldn’t help but notice the many protestors congregating around El Sol. Suddenly, the day didn’t seem so bright and a dark cloud emerged over Sheila’s day.

“It made me angry,” she says. And that was the impetus that drove Sheila to see what she could do to help.

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Renewed Partnership with El Sol and PBSC

On August 25 and 26, Associate Director Dora Valdivia and Daytime ESL Coordinator Vickie Granati made a presentation on our educational programs to Palm Beach State College, Eissey Campus students in partnership with Professor Emmanuel Alvarado, Head of the Spanish Language Department.

PBSC students in Professor Alvarado’s class have committed to volunteer in the daytime and nighttime educational classes and tutor students in one-on-one conversational English. “The daunting task of helping day laborers in the community cannot be done by one organization. It requires the desire and great effort of volunteers such as the PBSC students that have shown a great commitment to the tasks that were assigned, said Valdivia.

El Sol is excited to have the college volunteers at the center, because they will have the opportunity to learn more about the immigrant community and help them reach their educational goals.

Heres to a Healthier Jupiter

Healthier Jupiter, a community initiative addressing health and quality of life, created four committees, one to address each of its four focus areas – healthy foods, fitness, marketing and medical care – and El Sol’s own Betzy Rega is chairing the Healthy Foods Committee. The monthly working group is being hosted by El Sol and meets the second Wednesday of the month from 11 a.m. – 12:30 p.m. Also attending from El Sol are Jorge Monroy, the kitchen coordinator, Cliff Ross, the garden coordinator and Alexa Turner, the VISTA member and coordinator for the new Garden Market. The meetings are open to the community, and our first meeting drew Beth White from Realtime Property Management, Jamie McCarthy from the Palm Beach County School District, Susan Nellen from Realtime Property Management, and representatives from Palm Healthcare Foundation and Healthier Jupiter.

The August meeting brainstormed strategies to address community needs, such as creating a network of community gardens, including some on volunteer’s private lands, health education, more efficient uses for food waste and a Healthier Jupiter decal program for restaurants offering healthy options. Since El Sol has pioneered many strategies for promoting healthy eating options and addressing food needs of the underserved in our community, the Healthy Foods Committee will help other organizations learn from El Sol while El Sol learns about additional resources in the community that are available to address food needs of our workers and families.

If you would like to get involved in this movement, please contact Carrie Browne at: carrie.jupiter@healthiertogetherpbc.org.

McCarthy from the Palm Beach County School District, Susan Nellen from Realtime Property Management, and representatives from Palm Healthcare Foundation and Healthier Jupiter.
Featured Volunteer
Sheila Davis

You can take the girl out of Manhattan, but you can never take Manhattan out of the girl. This is true of so many displaced New Yorkers but it’s especially true of our Sheila Davis. Although she’s lived in Florida since the early 80’s, you can still hear that distinct New York accent that’s music to the ears of many ex-New Yorkers. Sheila is also the quintessential free spirit. She was born in the Bronx, grew up in Queens and then moved to Manhattan for a few years. She even lived on Fire Island for two summers. “I came to Florida to get away from the cold. We were driving down on U.S. 1, spotted the lighthouse, and became immediately smitten with Jupiter.”

Sheila worked as a real estate agent, travel agent, and junior high school Spanish teacher before retiring to Jupiter where her friend Barbara was living. She became obsessed – her word – with tennis and played it non-stop. She made lots of friends, but we can thank Barbara for inspiring Sheila to begin volunteering at El Sol.

“I came to El Sol for an event, and thought this was a wonderful place that was really touching a lot of lives. This is such a worthy organization; so good for the people and the community.”

Sheila is 80 and going strong. She has two sons, two grandsons and two great grandchildren, a boy and a girl. She recently returned from an extended trip to Ireland and says travel is one of her favorite hobbies. She also enjoys quilting and expressing herself through art. Her medium is wood cutting. Aside from El Sol, she also volunteers as a docent at the turtle museum in Juno and is a docent-in-training at the Norton. She has a part-time job at the Maltz Jupiter Theatre, and plays Mahjong once a week. It’s safe to assume Sheila Davis is a busy lady.

Sheila brings her wisdom, wit, humor, humility and generosity to El Sol twice a week where she volunteers at the Employer Desk.

Featured Worker
Zenaida Monteroso

Zenaida Monteroso has been in Jupiter for 15 years but still finds English a little daunting. But she’s not giving up and is learning through one of her favorite pastimes, reading. “I am currently reading the New Testament and hope to find a church to join,” she says. Finding a church community to welcome Zenaida shouldn’t be too hard for her, she’s a pleasant, friendly and amicable woman who enjoys being a member of the El Sol family.

Before making her home in Jupiter, Zenaida lived in San Bernardino, California. She came once to Jupiter to visit her daughter-in-law. She fell in love with Jupiter but had to return to California. “But it was just too cold for me, so I left California for good and came to Jupiter,” she explains.

Zenaida has a son in Guatemala, and the daughter-in-law she came to visit so many years ago has moved away and while they are still close, Zenaida has no family in Jupiter. “But I consider El Sol my family.” She has a steady job as a housecleaner, but comes to El Sol when she can’t find work on her own. She loves taking care of children as she did in California.

You may see Zenaida walking about Jupiter because she says that walking and shopping are her favorite things to do. “I also love to walk on the beach...the beaches here are very beautiful. “ She takes English classes at the High School at night. “I know a lot of English words,” she says, “but I have a hard time putting them together. “

“El Sol is such a big part of my life; I can’t imagine life without El Sol. I made a lot of friends here,” Labor Coordinator Wilberto Luna says, “Zenaida is a great worker. She is willing to help out when needed. She is full of energy and one of our best workers,” Zenaida was honored to be nominated by Wilberto just as we are so honored to know her.

Employment Opportunity

El Sol is hiring a full-time Worker Development Project Coordinator. The Project Coordinator is a full time staff member that will develop, implement, and monitor the Worker Development Project (WDP). The WDP seeks to increase the financial stability of workers by increasing the frequency and level of job offers available to them. The coordinator will report directly to the Associate Director and work in coordination with El Sol’s labor program, education program, data consultant, and volunteers.

El Sol is also seeking a Technical Data and Program Support Consultant that can assist the Worker Development Project Coordinator in maximizing computer system capabilities. The Data Consultant will study technical applications, and recommend software for reliable data tracking, which will support different aspects of day laborers’ development. The Data Consultant will report directly to El Sol’s Associate Director.

We are looking for candidates who are passionate about El Sol’s mission. For more information on this project or to apply, please contact Dora Valdivia at Dora@friendsfelsol.org.
Farewell to Leigha and Kelley

Leigha Kiger, an AmeriCorps VISTA who has served as El Sol’s Financial Literacy Coordinator, finished her year of service in August. During her term, Leigha worked to survey El Sol workers to identify their needs and interests, create curriculum based on these needs, and implement regularly scheduled financial literacy classes.

Thanks to her hard work, the financial literacy program, which debuted in January, has had 438 total attendances spanning 42 classes. During this time, Leigha earned funding for the program through a grant from BB&T Bank and recruited volunteers to teach and coordinate the classes. Although she is no longer at El Sol to monitor the daily happenings of the program, she is confident that the volunteers will continue to successfully spearhead the program. They will be coordinating classes every Thursday morning throughout the fall semester.

“My experience as an AmeriCorps VISTA has been an incredible one,” said Leigha. “Giving workers the tools they need to better manage their money has been incredibly rewarding, and I’ve also gained so many marketable skills along the way.” We are so proud of all the great things Leigha has accomplished with the financial literacy program and wish her all the best in her future endeavors!

Kelley Walton just wrapped up her VISTA year serving as Community Impact Evaluator at El Sol. During her time with us, Kelley coordinated the Yearly Client Survey, created video stories about El Sol programs, and was an integral member of the strategic planning process. Her work helped to expand the organization’s capacity for data collection and reporting, as well as helped to raise awareness about El Sol’s programs and the impact they have on our clients. Kelley would like to thank El Sol and AmeriCorps for giving her the opportunity to learn about nonprofit work and build professional skills. After leaving El Sol she will spend a month traveling New Zealand and Australia before moving to Savannah, Georgia to pursue certification as a federal court interpreter in Spanish.

El Sol Family Tours the White House

Egly Bernard has been in the Promotore de Salud Program. Her son, Alvin Bernard was a volunteer for sunshine camp. Egly wanted to take her family on a tour of the White House. She turned to Betzy Rega for assistance submitting a request for a White House tour.

Public tour requests must be submitted through one’s Member of Congress. These self-guided tours are available from 7:30 a.m. to 11:30 a.m. Tuesday through Thursday, 7:30 a.m. to 1:30 p.m. Fridays and Saturdays (excluding federal holidays or unless otherwise noted). Tour hours will be extended when possible based on the official White House schedule. Tours are scheduled on a first come, first served basis. Requests can be submitted up to six months in advance and no less than 21 days in advance. All White House tours are free of charge.
Please Welcome El Sol’s New Hires!

Rocio Lopez

Rocio is excited to join El Sol at the Night time ESOL Coordinator. Rocio Lopez was born and raised in San Salvador, El Salvador, where she attended Escuela Alemana graduating fluent in Spanish, German and English. She moved to College Station, TX to attend Texas A&M University and graduated with a degree in Journalism and Public Relations. After graduating, Rocio worked at the South Texas Blood & Tissue Center (STBTC) in San Antonio as a Community Development Representative where she was the voice and face of the organization with the Hispanic media. While working there she met Walter Lopez, an Officer in the US Army and in 1996 they married in San Salvador and moved to Hawaii.

The couple has been living in Palm Beach County since 2003. In 2007, while working at Hospice of Palm Beach County, she had the opportunity to be part of a committee with the Northern Palm Beach County Chamber of Commerce, which had chosen El Sol as the non-profit benefiting organization that year. Besides helping raise funds for the center, Rocio started a Health Awareness Project and led the committee to put together the first Health Fair at El Sol.

Rocio and Walter have three children, Roberto, 15, Michelle, 13 and Daniel 8. In her spare time, she enjoys going for walks, going to the beach and loves listening to her kids play guitar and sing.

Kimberly Bowman

Born in Miami Beach, Florida, of Ecuadorian descent, Kimberly Bowman grew up in a Hispanic and wonderfully multicultural community. Kimberly graduated with a BA in Public Management from Florida Atlantic University and is currently enrolled in FAU’s Master of Nonprofit Management program. Kimberly has been serving in the nonprofit sector for over ten years and has enjoyed working in higher education over the past five years.

Kimberly joins El Sol as Part-Time Plazas Comunitarias Coordinator and is excited to have the opportunity to further advance El Sol’s efforts in promoting literacy to the Hispanic community in Jupiter. She currently resides in the Treasure Coast where she enjoys spending time with her two children, family and friends. In her limited spare time, Kimberly delights in cooking, writing, painting and sketching.

Ediza Vega

Ediza Vega, a native of Peru and a former journalist, is joining the El Sol team as a Part-Time Plazas Comunitarias Teacher. Ediza is a graduate of the Universidad de San Martín de Porres in Lima, Perú. She relocated to Maryland, where she lived for 20 years, and directed the Semanario La Gaceta Latina and was a producer and broadcaster for the radio program, Orientación Cultural Comunitaria. She later became heavily involved with the Family Center and George B. Thomas Learning Academy. Ediza is excited to put her skills into good use as a Plazas Comunitarias Teacher.

ARTFEST
12 noon to 4pm
NOVEMBER 8TH
on the grounds of El Sol in the Sunshine Organic Community Garden on the grounds El Sol.

Happy 9th Anniversary!

Happy 9th Anniversary!

PREVIEW NIGHT
November 7th
6PM TO 8PM
BUY TICKETS NOW
$35 pre-event and $45 at the door
Garden Market Debut

The Garden Market will officially open on September 19th! El Sol hopes to increase access to affordable and organic food for the Jupiter community. The Garden Market will offer herbs, vegetable plants, hanging baskets and flowers – and that’s not all. In the coming months, The Garden Market will continue to expand its inventory to offer organic tomatoes, peppers, and loofah sponges.

Planning started early for this much awaited and highly requested addition to the Sunshine Organic Community Garden. Garden Coordinator Cliff Ross and Community Resource Developer Alexa Turner have been busy selecting seeds, planting, tending to seedlings, and submitting all Town of Jupiter permitting needs. “It has been so exciting to see this earned income strategy become a reality for El Sol. Cliff and I have been hard at work making this a reality for the community,” said Alexa.

The Sunshine Organic Community Garden has been a wonderful addition to El Sol. Since 2014, the garden has harvested over 1,200 pounds of produce and aims to educate and empower all people in Jupiter to grow their own healthy foods using sustainable and organic methods.

Are you interested in helping the market flourish? Spread the word, volunteer, or purchase garden gear (including totes and t-shirts). Please contact Alexa Turner at alexa@friendsofelsol.org for more information.

All proceeds go to benefit El Sol.

Vegetarian Moringa

Siobhan Gross, Diabetes Nurse from Jupiter Medical Center, came in to El Sol to make a delicious vegetarian moringa tomato sauce using carrots, celery, sweet potatoes, onion, garlic, some fresh parsley, basil, rosemary, mint. Both dried and fresh moringa leaves were added, harvested from the Tree of Life in our Sunshine Garden.

Safety Training Focuses on Silica

OSHA safety and security class this month was Silica in Construction. We discussed the need for respirators when working in jobs that create dust or powders. Edmundo Rodriguez a skilled worker was assisting in the class and will be trained to give classes to the workers.
Fire Safety Presentation

Bob Smallacombe Community Education Specialist from the Palm Beach County Fire Rescue came to El Sol to do a presentation on Kitchen Fire safety. He mentioned that there have been a series of small fires in our area and have started in the kitchen.

He focused on prevention and gave information on the reasons why they get started as well as tips.

1. Keep your attention on what you are doing when cooking- No TV, computer or phone calls
2. Keep the area around your stove clear- No decorations, little ornaments, pot holders or kitchen towels next to or above the stove.
3. Make sure the walls around the stove are grease free!! Fires crawl up walls quicker when grease is there and this creates bigger fires and damage.

If there is a fire: Turn the burners off, “Put a Lid on It” or any metal object like a cookie sheet to cover it. Do not touch the lid until it has cooled off. If the fire is too big, call 911.

Worker Development Project

El Sol is launching a new program! The purpose of the Worker Development Project (WDP) is to increase day laborers’ financial stability by helping workers find more jobs. We believe that in order to help break the cycle of poverty among day laborers in our community, we need to start looking at each worker individually and focus on developing their employability skills (both soft and technical skills). The WDP aims to include hands-on training and skills development through community educational programs for workers.

Typical workforce education efforts rarely focus on day-laborers and their needs. Therefore, El Sol will join with the community’s workers and employers to identify and develop best practices.

We are in the initial phase of the Worker Development Project and are in the process of building our project team:

- Worker Development Coordinator
- Data and Program Consultant
- AmeriCorps VISTA Vocational Training Coordinator
- Case Managers
- Registration Coordinators
Vocational Training Workshops

Since the beginning of the year, El Sol has organized 12 vocational training workshops in soft skills, landscaping, painting, drywall, screen printing and dog bite prevention. In total, we have had 107 students attend these workshops – mostly men – but after the first two workshops, the amount of women increased from one woman to four women per class.

Most of these vocational training workshops have been taught by Lucas Alvarez of Alvarez Property Management. Lucas, a former El Sol worker, now runs a successful company that specializes in painting, landscaping, and drywall, and is known for hiring workers at El Sol. Lucas has been a great addition to the vocational training program. He encourages students to ask questions, practice hands-on, and motivates workers to keep trying if they are not successful the first time.

Lucas is so dedicated to his work as a teacher; it is not uncommon for him to extend classes to ensure all his students get the individual attention they need. “The workers trust the teacher and ask him, ‘when is the next class going to be?’ They feel very motivated working with him. Hipolito Lazo, a former student of Lucas, and others have been hired to work with him,” says Vocational Training Coordinator Katerina Pecora.

El Sol appreciates everything you are doing, Lucas!

Photos top to bottom: Hands on experience for worker, Hipolito Lazo Moscoso, with Lucas demonstrating a drywall workshop; Lucas demonstrating a drywall workshop; Lucas Alvarez teaching vocational training workshop
ArtFest 2015: CommUnity/ComUnidad

El Sol’s Annual ArtFest is set to return on Sunday, November 8 at 12PM. ArtFest 2015, presented by Community Foundation, is Jupiter’s premier cultural event that highlights the folkloric and colorful art of Guatemalan, Mexican, and other Latin American artists in South Florida. ArtFest is a 4-hour celebration that attracts over 1,000 people and features musical acts, cultural dances, and delicious food from food trucks, the El Sol Workers’ Council, and vegan/vegetarian options from the Sunshine Organic Community Garden.

The ArtFest 2015 theme, “CommUnity/ComUnidad,” was selected in honor of Onesimo Marcelino Lopez Ramos, an 18-year-old Guatemalan immigrant murdered in Jupiter. “We want to remind the community that we are still united – that we are one Jupiter – and will continue to shine a light on Mayan art and culture,” said David Urieta, Communications Coordinator, who will be chairing this year’s event.

ArtFest 2015 is the perfect place to get an early start on holiday shopping. Vendors will be selling art, photography, handmade crafts and jewelry. Crowd favorites like Lenin Cochoy and El Sol Sews will be at the event. A call to vendors has been announced. Application deadline is on October 15th.

We would like to thank our sponsors for their support in making this event possible for the community:
Community Foundation of Palm Beach & Martin Counties
Healthier Jupiter
Palm Healthcare Foundation
Jupiter Medical Center
ESPN Deportes 760

If you would like to join the ArtFest Planning Committee, become a sponsor, or want a vendor space, please contact David Urieta at david@friendsofelsol.org.
ArtFest Is Coming!

Sunday, November 8th from 12noon to 4pm
held on the grounds of El Sol in the Sunshine Organic Community Garden on the grounds El Sol.

Preview Night
Saturday, November 7th, 2015 from 6pm-8pm

ArtFest Preview Night

El Sol is planning for the return of its signature fundraising event this year! With an attendance of 150 guests, three excellent performers, and a wide variety of auction and raffle items, it is no wonder ArtFest Preview Night is such a sought out event for the Town of Jupiter. ArtFest Preview Night is a ticketed event and will be on November 7th, 2015 from 6PM-8PM and held in the Sunshine Organic Community Garden on the grounds El Sol. We will feature live artists that will showcase their work, musical performances, delicious hors d’oeuvres and bar.

As this is a fundraising event, donations and sponsors are always needed and much appreciated. Tickets are on sale: $35 pre-event and $45 at the door. All proceeds to benefit El Sol.

If you are interested in the above mentioned or would like to attend this year’s ArtFest Preview Night, you can do so by visiting our Eventbrite page and purchasing a ticket there. If you have any another questions regarding sponsorship or donations for our silent auction and raffle, please send an email with inquiries to steven@friendsofelsol.org or call at (561) 745-9860 ext. 4104.
**Mission Statement**

El Sol is a 501(c)3 nonprofit whose mission is to improve the quality of life of all residents of the Town of Jupiter by providing services to those in need, especially day laborers and their families.

**Vision**

El Sol promotes a harmonious integrated community in which all people can achieve their highest potential. We seek to be the model for other communities dealing with day-laborers.

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**El Sol**

Jupiter’s Neighborhood Resource Center

106 Military Trail
Jupiter FL 33458
Phone (561) 745-9860
Fax (561) 745-9834

Find us on the Web at [www.friendsofelsol.org](http://www.friendsofelsol.org)

“Like” us on Facebook
at El Sol, Jupiter’s Neighborhood Resource Center
Twitter: @ElSolJupiter
Instagram: @ElSolJupiter

El Sol’s Hiring Hall is open
- 6am - 2pm Monday through Saturday
- 7am - 12noon Sunday

Donate online through [Network for Good](http://www.networkforgood.org) on our website: [www.friendsofelsol.org](http://www.friendsofelsol.org)

To join our email distribution list, send a request to elsolshines@gmail.com

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**Staff**

Jocelyn Skolnik, executive director
Dora Valdivia, associate director
Wilberto Luna, labor coordinator
Betzy Rega, health coordinator
Karen Clark, office manager
David Urieta, AmeriCorps Communications Coordinator
Michelle A. Rivera, Volunteer Coordinator
Vickie Granati, daytime ESOL coordinator
Aubry León, AmeriCorps VISTA Leader
Steven Ospina, AmeriCorps VISTA Community Resource Developer
Alexa Turner, AmeriCorps VISTA Community Resource Developer
Katerina Pecora, AmeriCorps VISTA Vocational Training Coordinator
Cliff Ross, Garden Coordinator
Jorge Monroy, Kitchen Coordinator
Maria Naranjo, Computer Class Coordinator
Miluska Franco, Sewing Coordinator
Surynai Janowicz, Legal Coordinator

**El Sol Shines** is published six times a year

Wendy Sue Meehan, Editor
Robert Cadogan, Communications Committee Chairman

**Contributors**

Betzy Rega  Karen Clark  Dora Valdivia
David Urieta  Lynn Hays  Royce Emley
Jocelyn Skolnik  Michelle Rivera  Wilberto Luna

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**EL SOL’S “WISH LIST”**

**Kitchen**
- **WE NEED MEAT!**: Ground Beef, Hot dogs, and Sausages.
- 20 lbs of ground beef or 80 hot dogs/ sausages will cover a day here at El Sol (approx 40 meals).
- We have not been getting donation of meats recently. The kitchen program would REALLY appreciate it if someone could organize a “Meat Drive” with their friends. We have a large fridge and stand-up freezer, so we will be able to store donations properly. Anything will make a BIG difference!

Whenever you see a kitchen volunteer or staff member, be sure to give them a hug. In the photo above, members of the Workers’ Council served food and refreshments during the Volunteer Recognition Ceremony.